

ICRW-Americas Call for Expressions of Interest

Development Consultant: Evidence Generation on Menopause and Women's Midlife Health in Mexico

August 6, 2026

ICRW-Americas invites qualified Mexico-based development consultants to submit an Expression of Interest to support an evidence-generation assignment on menopause, women's midlife health, and gender equity in Mexico. The consultant will conduct a demographic and public health analysis of menopause-related outcomes using DHS/ENADID, ENASEM, ENSANUT and/or other nationally representative data sets.

The assignment aims to generate actionable evidence on menopause as a public health and gender equity issue. The consultant will assess how menopause varies by socioeconomic position, education, residence, region, nutrition, parity, and other relevant demographic or health characteristics.

The work will build on an existing analytical framework developed for DHS-style datasets and adapted from ICRW-Asia's work using India's National Family Health Survey. The consultant will determine how best to apply this framework to Mexico, including adapting the methodology to the Mexican data context. The selected consultant will work with ICRW-Americas to refine a scope of work and analytical framework, identify suitable Mexico datasets, assess feasibility, conduct descriptive and equity-focused analyses, and prepare clear written outputs for technical and policy audiences.

Key tasks may include:

- Identify and assess nationally representative Mexico datasets relevant to menstruation, menopause, hysterectomy, reproductive history, socioeconomic status, geography, and health status.
- Adapt an existing DHS-style analytical framework to the Mexican data context, including variable mapping and methodological decisions.
- Conduct survey-weighted analysis of menopause-related indicators and equity patterns, clearly distinguishing descriptive associations from causal claims.
- Conduct Kaplan-Meier survival analysis and Cox proportional hazards modelling to estimate population-level age at natural menopause and its socioeconomic and demographic determinants.

- Prepare a concise written report, tables or figures as appropriate, and a short summary of implications for women's health policy, primary health care, and midlife health programming.

Findings from the analysis should provide insights on the following:

- Socioeconomic and geographic inequalities in menopause timing and menopause-related outcomes.
- Reproductive history, parity, and contraceptive history as potential determinants.
- Nutritional status and broader health indicators.
- Indigenous, rural, or marginalized populations where data permit.

Expression of Interest Requirements

Interested consultants should submit a current CV or résumé and brief (1 – 2 page) Expression of Interest that includes:

- A short statement of interest and availability for the assignment.
- A summary of relevant experience with demographic, public health, reproductive health, women's health, aging, or menopause-related analysis.
- Examples of prior work analyzing nationally representative survey data, preferably using complex survey methods.
- A brief proposed approach to dataset identification, feasibility assessment, analysis, and reporting.
- Proposed daily rate or budget estimate.

Consultant Qualifications

The consultant should be based in Mexico and should have the following qualifications:

- Advanced degree in demography, epidemiology, public health, biostatistics, sociology, economics, population studies, or a related field.
- Demonstrated experience analyzing nationally representative household, demographic, health, or reproductive health survey data.
- Strong knowledge of women's health, reproductive health, aging, menopause, or midlife health.
- Proficiency in Stata, R, or another statistical software package suitable for survey-weighted analysis.
- Experience working with complex survey designs, including weights, clusters, and strata.
- Familiarity with Mexican public-use datasets and national demographic or health survey systems.



- Ability to produce clear written outputs in English, as the study will contribute to a cross-regional project in coordination with ICRW-Asia and ICRW-Africa teams. Spanish-language research capacity is required; ability to review Spanish-language documentation and literature is essential.
- Experience conducting survival analysis is strongly preferred.
- Familiarity with DHS-style data structures is preferred.

The expected level of effort is approximately 15–25 working days, depending on dataset availability, number of survey rounds included, and complexity of the analysis. The proposed start date is September 1, 2026. The assignment should ideally be completed within 4–6 weeks from contract start, subject to data access and review timelines.

Budget and Timeline

The anticipated budget range for this assignment is USD 12,000–15,000. The final budget will be determined based on the agreed scope of work, consultant rate, dataset availability, number of survey rounds included, and complexity of the analysis.

Submission Instructions

Expressions of Interest should be submitted **no later than August 21, 2026**, by email to info@icrw.org with the subject line “**Expression of Interest: Mexico Menopause Analysis Consultant.**” Please include all required materials listed above. Shortlisted consultants may be invited to discuss the proposed approach, timeline, and scope of work before final selection.